

**Wanting cosy toes for winter!
Then join our Flammegarn Socks KAL**

Flammegarn is the Norwegian name for yarn dyed by wrapping twine, jute or other material tightly around the skein before placing it in a dye bath. When the skein is dry the twine is removed to reveal a mottled effect instead of a solid colour. Yes, it's much like the tie-dyeing most of us did in the 70s and it's not unique to Norway. The technique is called Flammegarn because the dye source was red berries and resembled flames.



Photo ©Joe Coca 1994



Rules of the KAL ~

- 1) Your yarn must be hand spun (either by you or a good friend) of your own ply/wpi choice.
- 2) You may use any dye source, yet natural dyes are preferred. Choose your own colour way, and record your spinning and dyeing information on the **Spinning & Dyeing Record Sheet** [here](#).
- 3) Tie your skeins with seine twine, jute, hemp, cotton, linen, ramie. The finer the tie the smaller the speckles/flammes and vice versa.
- 4) You may do more than one dye bath (for those of us still 'livin' in the 70s'.)
- 5) You may include nylon at the spinning stage, the knitting stage or woven into the finished heel.
- 6) Knit your socks (and there must be two!) using your favourite sock pattern or use the **Novice pattern** [here](#).
- 7) Download and complete your **Entry Form** [here](#).

Three \$25:00 gift vouchers will be awarded (one in each category)

- a) **Prize for the best spinning**
- b) **Prize for the best dyeing**
- c) **Prize for the best knitting**

An entry is eligible for one prize category only.

The judge's decision is final and no correspondence will be entered into.

Completed socks must reach the Guild rooms by 31 July to be displayed at our August Retreat.

Further details can be found on the Entry form.

Contact Ali on 0422 760 363 for the *Spinning & Dyeing Record Sheet*, the *Entry Form* or the *Novice Sock pattern* to be posted to you (or for further information.)